



## *A word of Gratitude: Fr. Joseph Alexander MSW (Secretary cum Director)*

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Community development is one of the prime concerns of the day that development workers around the globe are talking about. Many leaders and nations are concentrating on the issues of development. Our country is also not lacking behind. There are lots of discussions, debates and progressive steps taken to address the problems related to development. There have been new schemes, benefits, and laws etc, brought out favouring community development. From central government to the local government, many of these schemes and benefits are connected towards development. But very often, this is not benefiting the real beneficiaries. Many members in communities are denied of their rights. Lots of them are not even aware of their rights and government

schemes available for their development.

Pragati Social Service Society has been giving special attention on these developmental issues of the poor and the marginalized communities in Western U.P, Haryana and Uttarakhand. It has adopted a right based approach in its work whereby people are helped to avail their rights from the local and central government schemes. It is helping many SHGs and farmers by way of sharing information related to agriculture and is connecting them with various government departments and schemes. Other than the farmers, there are also women, children, children with disability who are benefiting from the interventions of PSSS.



*"A Community is democratic only when the weakest person enjoys the highest civil, and social rights".*

Rejoicing of its progress during the year 2013-14, PSSS feels indebted to many people, agencies, donors, NGO partners, local panchayats, NABARD, animators and volunteers for their collaborations and contributions.

A very special thanks to all the staff of PSSS in various sub units for their dedicated service shown in all the programmes of social change.

## *Vision, Mission and Strategy of PSSS*

### **Vision:**

To Build an Integral Society based on equality, justice and Peace with a Special Focus on Empowerment of Rural women and girl children

### **Mission:**

Restoring the lost Human dignity of the Marginalized through a process of Empowerment

### **Strategy:**

Building up of the human communities of powerless and the marginalized, specially rural women and girl children for integral development



SDI training on Beauty Parlor is being given to young women at As-sandh



Health Awareness and Micro savings

## Profile

Pragati Social Service Society is a Registered Charitable Society and a National NGO based in Karnal (Haryana) India. It is registered under the Societies Registration Act of the Government of India Act 1860, on the 20<sup>th</sup> March 1998. It obtained 12 A Certificate of the income Tax Act on the 12<sup>th</sup>

July 1999 and FCRA from the Ministry of Home Affairs on the 11<sup>th</sup> of Nov 2002. We shifted our registered office from Kurukshetra to Karnal and changed its name from Pragati Social Service Centre to Pragati Social Service Society according to the decision taken by Governing Body of PSSS for the sake of

accessibility and better functioning.

Fr. Dinesh IMS, the President, Fr. Nishant IMS, the vice-president, Fr. Joseph Alexander MSW, the General secretary cum Director, Fr. Prajwal IMS, the treasurer and Frs. Akhilesh, Aseemraj, Deenbhandhu, Naman and Rupak are members of the Governing body.

## Objectives & Activities

### Objectives

- To build up human communities based on our vision in all our units of PSSS.
- To empower the poor and marginalized specially rural women through Self Help Groups and various training programmes.
- To promote Gender Sensitizations in all the Partner Villages.
- To coordinate various social work activities in the IMS Delhi Province.

- To collate and disseminate information to all the partners.
- To develop the Organization as a Learning Organization.
- To act as liaison between government and the other member institutions.
- To establish net working with the other NGOs, GOs and like-minded people.
- To organize the unorganised sector.

### Activities

- Formation/linkage and Strengthening of SHGs
- Literacy Drive with special focus on Girl child
- Sponsorship programme for school drop outs
- Remedial School for the slum children
- Promotion of Micro and Small Enterprises
- REDP (Rural Entrepreneurship Development Programme)
- SDI ( Skill Development Programme)

## Area of Operation



Gajraula, 2.Kuwakheda  
3.Tilhar 4.Faridpur  
(Operational areas in Western UP) 5.Bhowali (Operational area in Uttarakhand)  
6.Kurukshetra, 7.Narwana,  
8.Panipat, 9. Karnal, 10. As-sandh, 11. Samalkha, 12. Gannaur, 13. Rasulpur Mandi. (Operational areas in Haryana). All these units are actively in-

involved in carrying out different projects of PSSS.

### OUR PARTNER ORGANIZATION

Manos Unidas 2.National Bank for Agriculture and Rural Development [NABARD, Chandigarh & Lucknow]. 3. Stitching Liliane Fonds

[Netherlands] 4.Jan Vikas Samiti [Varanasi Province] 5. DRDA Jind, 6. Overseas members of IMS Delhi Province & Benefactors.



## Renewal of Society

### FORM VII

Revised Certificate of Registration issued under Section 9(4) of the Haryana Registration and Regulation of Societies Act, 2012 upon allotment of a new registration number.  
(See sub rule (2) of rule 8)

#### Revised certificate of Registration of Society

I hereby certify that Pragati Social Service Society registered vide registration number ROS-2382 on 20.3.1998 registered with District Registrar, Karnal has been allotted a new Registration Number as undermentioned on this 10th day of June, 2013 under the Haryana Registration and Regulation of Societies Act, 2012 (Haryana Act No.1 of 2012)

State Code		District Code				Year of Registration				Registration Number				
H	R	K	N	L		2	0	1	3	0	1	0	0	5
Name of the Society										Registered Office Address				
Pragati Social Service Society .										Kunjpura Road, Karnal.				

Issued under my hand at Karnal on this 10<sup>th</sup> Day of June, 2013.

Seal  
Station: KARNAL

Signature of District Registrar,  
& Societies, Haryana  
Karnal



Tree plantation Programme at Nasirpur village. It was organised in the public school. All the children were distributed



## Workshop on Micro Plan for MNREGA Group and PRI members

Micro plan plays a vital role in the development of any village. It is made by the people and is being submitted to the Panchayats for further action. In order to make it very effective, there

have been 3 trainings conducted during the year. MNREGA groups and PRI (Panchayati Raj Institutions) members participated in the training and prepared the micro plans. Some of the

plans have been approved in the panchayats to be implemented. Thus, it has helped the people and the village community to avail the panchayat schemes.



Children were distributed prizes on the disability day

## Training for PRI members on their Duties & Responsibilities

The purpose of this training was to enhance better local governance. To ensure support from the Government department and to create awareness among the PRI members

on their roles and responsibilities. Through these trainings the panchayat members have become active and aware of their duties.



## PRAGATI SOCIAL SERVICE SOCIETY

### 1. Formation of SHGs



*Farmers exposure visit*

Empowerment of rural women is our priority. Savings and credit provisions in itself are assumed to contribute to a process of individual economic empowerment through enabling women to decide about savings and credit use. It is assumed that women will then invest in their own economic activity, either agricultural production or micro enterprise, thus

increasing incomes which they themselves will be able to control. Women's economic empowerment is then assumed to lead to increased well being for themselves and their families. Under the animation program of PSSS, formation and credit linkages of SHG becomes one of the important programme. The total number of SHGs as on 31<sup>st</sup> March 2014 are 1753.

During the course of time, Pragati emphasized quality in terms of SHG formation, an intensive and various training programme were organized for the animators to equip them with necessary skills and information. About 800 women of different groups have started the income generation program on their own.

### Details of SHGs in all Units

Name Of Branch	Total SHG	Total Members	Total Women	Total Men	Total Saving
Karnal	280	2910	2954	56	9755848
Assandh	255	2435	2435	0	8691458
Rasulpur	154	1544	1534	10	7465763
Samalakha	154	1720	1646	74	4190321
Panipat	125	1455	1441	14	3802458
Gajraula	186	2056	2011	45	7868955
Narwana	156	1696	1627	69	6234865
Kuwakhara	226	2467	2117	450	7784598
Bhowali	88	904	904		3658425
Tilhar	21	231	231	Nil	103260
Kurukshetra	108	1234	1212	22	4254879
<b>Total</b>	<b>1753</b>	<b>18652</b>	<b>18112</b>	<b>740</b>	<b>63810830</b>



*Caption describing picture or graphic.*



## *Relief and Rehabilitation at Uttarakhand*

The flash floods triggered by very heavy rainfall and cloudburst in Uttarakhand on 16-17 June 2013, affected 12 out of the 13 districts in Uttarakhand. The 4 districts that were worst affected were Rudrapur, Chamoli, Uttarkashi and Pithoragarh. The deluge has washed away roads, bridges and other infrastructure. As per the News report thousands of people died and many were still reported missing. In Kedarnath alone about 75,000 pilgrims had been stranded due to landslides and flash floods.

In view of the devastating impact of the heavy rain fall in the state of Uttarakhand, PSSS held a meeting on 18th June 2013 in his office and decided to respond immediately to the disaster by deploying relief and assessment teams to Dehradun, Uttarkashi, Rishikesh, Pithoragarh and Rudrapur. Relief materials in the form of Non food items has been despatched to the Uttarakhand state for the distribution to the affected areas.

PSSS focused on 2 districts of Uttarkashi and Rudrapur. Dry food

items given to 134 families; solar lanterns distributed in 15 villages; 12 Aluminum sheets given to 28 households; school kits to 250 children; 120 tarpaulins; warm clothing in 3 villages in the 2nd phase. 5 health camps were set up in 5 villages and people were distributed free medicine. One mobile clinic van was rented to reach medicine to these five health camps. A 'Restoring family links' expert has reached Rudrapur along with the NDWRT expert for assessment of needs and coordination in relief measures.



## *Promotion of Government Welfare Programmes*

S.NO	Activities	Total
1	Laadli Protshan Yojana	75
2	Indira Awas Yojana	25
3	Hand Pump & Taps Installed	485
4	Kanyadan Scheme	23
5	Rajeev Gandhi Gramin Vidutikaran	26
6	Old Age Pension	345
7	Handicap Pension	55
8	Widow Pension	158
9	B.P.L Ration Card	487
10	Ration Card	1254
11	Polio Drops	15879
12	Immunization	854
13	Vaccination To Pregnant Women	1354
14	Free Medical Treatment	1254
15	Toilet Made	75
16	Tree Plantation	25486
17	Children Admission In School	345
18	Marriage Without Dowry	12
19	Drainage Made	83
20	CBR Children	84
21	MNREGA CARD	285
22	Gender Sensitization	183
23	Balwadi Children	850



*IGP Activity*



*Orientation for the MSW students from Kurukshetra University*



*Children's Day Programme at Samalkha*



## Village level motivational sessions for women

Women and the girls in the villages are most vulnerable to many diseases and ill health. Many of them become malnourished due to lack of Govt. Services and health facilities. Keeping these issues in mind, there are various motivational sessions con-

ducted for the girls, pregnant women and lactating mothers at village level. During these sessions they are being made aware of their health entitlements and various other govt. health facilities. PSSS animators intervene with the local service provid-

ers of health and anganvadi centres to make it accessible to the people at all time. Many women and girls have benefitted from these sessions and are availing health services.

## Training for Adolescent Girls on the Entitlement related to the Health and Life Skill Management and the use of Herbal Medicine

Most adolescent girls in rural areas are ignorant to many health issues. They lack skills to cope with difficult situations. PSSS has provided trainings for many adolescent

girls and has reduced many of their health and personal issues. Also these trainings have created awareness among the adolescent girls on the entitlements related

to health, life skill management and the use of herbal medicine.

## Workshop on Child Rights and Protection Issues.

PSSS organized a 6 day workshop on "Child Rights and Protection Issues" from 20<sup>th</sup> – 26<sup>th</sup> March. An introduction was given by Rev.Fr. Alex, the country representative on behalf of SLF followed by lighting of the lamp. Rev.Fr.Deenbandhu, the chief guest expressed in his speech, " the harvest is full but the labourers are few. The corruption is increas-

ing day by day but a very few persons to fight against it. We all have a great role to play in protecting the children from various exploitations". The resource persons were Mr.Mandeep Bhagat and Mrs. Ritu Mehra. The workshop was mainly to make the participants more aware of the rights of the children and in policy framing and implementation of those policies

in the programmes of SLF's partner organizations situated in Western Uttar Pradesh, Uttarakhand, Punjab, Haryana, Jammu Kashmir, New Delhi, Rajasthan and Himachal Pradesh. Mr. Manmeet Singh, the regional coordinator also took session on Holistic Child Development. All the participants were given certificates by Rev.Fr.Dinesh



## Training for landless & Marginal farmers on livestock management and veterinary schemes.

Livestock rearing is one of the common practices among farmers. In order to make it more effective and beneficial, PSSS trains the farmers on effective way of animal rearing through livestock experts

from the government departments and others. It also assists the farmers in making linkages with these officers and govt. departments, whereby more income could be generated from this work.

Through the interaction with the farmers, it is found that lot of farmers have started using new techniques on their livestock and have earned increased income.



*Workshop For the Farmers*

## Celebration of Independence Day

Celebration of Independence Day by plantation of trees by PSSS director, Sarpanch, teachers and students. Plants were planted in the school campus of Nasirpur village and every family was given one plant each to plant them in their houses



## A campaign on Education for all

PSSS organized a campaign “Ring the Bell” (Education for All) in order to raise awareness about the fact that children with a disability also have the right to go to school. This is stated in the UN convention on the rights of the child (Article 23 focuses on children with a disability) and also Millenium Development Goal 2 focuses on school accessibility for all children by 2015. Since education for all has been declared into part III-Fundamental Rights of Indian Constitution, but there are number of children who

are not going to school due to disabilities, lack of awareness and various barriers which exist in the society. The staff of PSSS went to 15 elementary Government schools in the area of Karnal, Panipat, Assandh, Rasulpur, Narwana, Samalkha and asked the children to make noise for a minute as loud as possible through different mediums. The teachers gathered all the children in the school playground with bells, trumpets, placards, pan lids, posters and they made a lot of noise. The children have participated in the

campaign with full zest asking for the right to education for all including children with disabilities.





*Street play "Gaddha" being performed for the school children*

## International Women's Day was celebrated at Samalkha

At Samalkha in Haryana the women assembled in the school campus of Basada village for the celebration of women's day on 8<sup>th</sup> March 2014. The president of Mahila sangh gave the introduction on the importance of the day. To mark this event Fr.Pawan the coor-

dinator of Samalkha unit of PSSS lit a diya and women representatives in turn lit their candles while some women sang appropriate songs. The lighted candles symbolized the enlightenment of women. After the worship service they assembled for a cultural

programme. The men and children honoured and greeted the women with flowers. The programme ended with high tea. Thanks to Sr.Geeta Bhengra, the Supervisor and Sr.Rosita, the Superior.

## A Special awareness on Prevention and Treatment of "Tuberculosis" (TB)

The primary objective of this activity is to go to the doorstep of marginalized and vulnerable communities to inform them about TB, its symptoms, diagnosis, treatment and RNTCP services and how to avail these services by referring them or collecting and transporting the sputum samples to the nearest DMC. During this year 461 households were visited and out of which 17 persons were identified with TB symptoms. We appreciate the hard work of Labh Kaur to reach out to the poor and the marginalized.

## Street Plays on Social Evils

PSSS organized 7 days of street plays in all the seven units of PSSS in Haryana from 23.9.2013 to 30.9.2013. The programme was sponsored by "Prerana Kala Manch" of Vishwa Jyothi Communication, Varanasi under the leadership of Fr.Sandeep the director of PSSS. Through the street plays the awareness on the evil effects

were presented in various ways. On 23<sup>rd</sup> a street play was enacted on the topic "Kamala ka Kamaal". This play was enacted in the school premises for the school children. Through this play the children were taught on the importance of education and the importance of educating girl children. This play also highlighted the

rights of girl children. In the evening another play "Gadda" was enacted for the villagers. This play highlighted on the importance of helping one another. Around 1500 children and 2500 men and women benefited from this week long programme on street plays.



## Disability Day Was Celebrated at Gannur



### विकलांगों के लिए कानूनी सुरक्षा व अधिकार

आज 2 दिसम्बर 2013 दिन सोमवार को गन्नौर चर्च में विकलांग दिवस के मौके पर सभी निषत्तजन को आमंत्रित किया गया तथा उनके सम्मान में एक



कार्यक्रम रखा गया जिसका उद्देश्य निषत्तजन के मनोबल को बढ़ाना और उनकी भावनाओं को समझना, तथा उनके हौसले को मजबूत करना था। इस कार्यक्रम में मुख्य अतिथि के तौर पर जिला मुन्सीपालटी के अध्यक्ष



भूषण हसिजा, पर्जोब नेशनल बैंक से चीफ बैंक मैनेजर कुलजीत सिंह, डायरेक्टर प्रगति समाज सेवी संस्था फादर संदीप, और संस्था के कोशाध्यक्ष फादर जयदीप व संस्था के कार्यक्रम अधिकारी मि. सतीष कुमार, एवं



*Children Performing Cultural Programme*

## Seminar on Domestic Violence on 16<sup>th</sup> Sep. 2013

प्रगति समाज सेवी संस्था में 16<sup>th</sup> Sep. 2013 सख्य महिला मार्गदर्शन केंद्र की तरफ से "छेरेलु हिंसा" पर एक कार्यशाला का आयोजन किया गया। इस कार्यशाला का मुख्य केंद्रबिन्दु महिलाओं को तथा समाज को जागरूक करना था। इस कार्यशाला का आयोजन मुख्यनिर्देशक फादर राजेश की अध्यक्षता में किया गया। कार्यशाला में "सख्य महिला मार्गदर्शन केंद्र" की तरफ से कार्यक्रम में संस्था की मुख्यनिर्देशक सि. हिल्डा फर्नांडीस 'रुषिला रिबेलो' सुनिला भिसे' ने इस कार्यक्रम का संचालन किया। और इस कार्यशाला में कई उच्च गणमान्य संस्थाओं के सदस्य व प्रगति समाज सेवी संस्था की सभी नृपजों के सदस्य इस कार्यशाला में सम्मिलित हुए। इस कार्यशाला में मुख्यअतिथि के रूप में कॅनरा बैंक

से चीफ मैनेजर उपस्थित थे।

कार्यक्रम के शुभआरम्भ में मुख्यनिर्देशक फादर राजेश ने इस कार्यक्रम की शुरुआत की और छेरेलु हिंसा पर कटाक्ष करते हुए बताया कि किस प्रकार समाज का नजरिया महिलाओं के प्रति बदल गया जिस कारण आए दिन समाज में महिलाओं पर 'अत्याचार 'रेप' 'मानसिक प्रताड़ना' देहज हत्या कन्या भ्रुण हत्या, छेड़छाड़, आदि की घटनाएँ निरन्तर घटित हो रही हैं जिस देश भारत में म. हिंसाओं की देवी मानकर पुजा की जाती थी तथा महिलाओं को सम्मान की दृष्टि से देखा जाता था उस देश में भी महिलाओं के प्रति आपराधिक घटनाएँ बढ़ गई हैं इसकी रोकथाम के लिए समाज को हि आगे आना पड़ेगा। तथा महिलाओं के प्रति अपनी सोच बदलनी पड़ेगी तथा

सभी महिलाओं को अपनी माँ, बहन, बेटी, के रूप में देखना पड़ेगा तभी समाज की सोच बदल सकती है।



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**Project No: D 120317164: Programme for integrated development of children and youth of the weaker section of India**

The Initial training programme for NFE Teachers was conducted by Pragati Social Service Society (Psss) on 15-10-2013 to 17-10-2013. The Resource persons were Fr. Deen Bandhu (Vice Provincial of IMS), Fr. Jaideep (Treasurer, Psss), Mr. Satish Kumar, Mr. Himanshu Joshi and Mr. Prakash Rai. All the block Coordinators, Supervisors and NFE staff were present for the training. The Programme began with a short prayer and the lighting of lamp. A Power Point presentation was used to explain the concepts, plans, and expectations of the project.

**Domestic Violence:** One Session was taken on domestic violence where women find

themselves helpless and weak. They are often victims of domestic violence in the male dominated society. They suffer physical pain and mental agony in the family. They often think that it is in their destiny to suffer. Women were made aware of their rights and fight for it and not to keep on suffering.

**Celebration of Independence Day:** On 15<sup>th</sup> of August we celebrated Independence Day at their own villages and the nearby schools and people were present from different villages. Children of the village gave culture programme. At the end of the programme refreshments were given to all the children and people.

**Children's Day celebration:**

From 11<sup>th</sup> to 18<sup>th</sup> November was kept up as children's day at our balwadi centers. Various competitions were held for them in order to create an interest and desire to study. To encourage and boost so that they come regularly for the classes. Prize distribution was done for the same occasion.

**Social Service Day:** St. Theresa's convent school children along with their teacher and staff had gone to the slums and also to the various villages to distribute ration, Clothes, Sweets and Toilet articles for the poor and the marginalized people.